

Why choose this course?

- You'll be able to specialise in Art, Dance and Movement, Drama or Music and its application along with an integrated arts approach in a variety of settings.
- You'll get a thorough grounding for training at masters level as a Dance and Movement, Drama, Music or Art Therapist or progression to other varied careers.
- There's an emphasis on experiential group work, communication, reflective practice and creativity.

What our students say

"I found the skills I developed on the degree invaluable in training as a Music Therapist." Alison

"... that's my recent assertiveness learned from being on the course! I have so much praise and respect for the course as it has taught me so much." Amy

"The degree is demanding both personally and academically and therefore results in graduates having high standards of professional working practice." Ian



UNIVERSITY
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THERAPIES

BA (Hons) Creative Expressive Therapies



About the course

The course is modular, taking three years full time or five years part time. It is made up of common core modules and specialist pathways.

You'll specialise in one art form: Art, Drama, Dance and Movement or Music. Your study in these areas will include studio and performance work and the application of your art form to therapeutic and other settings. Depending on the stage you're at, two or three modules are devoted to your specialist subject each year. You'll consider the therapeutic potential of the creative expressive arts, developing your artistic ability within the art form you've chosen.

Through experiential group work, you'll reflect upon your own personal development, awareness and communication skills, while gaining an understanding of leadership and group processes.

Throughout the course you'll develop skills which are transferable. Our flexible and creative approach enables you to adapt to varied and changing circumstances. You'll also be studying therapeutic principles and the meaning of health and illness in the context of historical and cultural values.

You'll be assessed in ways that reflect the varied nature of the course and help develop your skills. These range from essays, reflective journals/diaries, performance and exhibition to video and production projects.



Your career

You'll gain a thorough grounding for training as an arts therapist and develop skills in working creatively with people in many settings and careers including community and performing arts, teaching, social work, human resources and people management.

What you'll cover

Core modules common to all pathways include:

Phase 1:

- Human Development and Play
- Historical Perspectives of Healing
- Effective Interaction
- Expression and the Arts
- Working Creatively with People (Double)

Phase 2:

- Experience of Illness
- Interpersonal Development
- Working Creatively with Disadvantage
- Research Methods of Healing
- Working Towards the Future
- Arts Therapies

Phase 3:

- Working Creatively in Organisations
- Independent Studies (Double)
- Working Creatively on Placement (Double)
- Representations of Self

The placement at Phase 3 builds upon the modules Working Creatively with People and working creatively with Disadvantage at Phases 1 and 2.

Specialist Modules: Each year you'll study specialist modules in Art, Dance, Drama or Music.



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Get in touch

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